



**Now
What?**

Support Group for Survivors of Loss by Suicide

JFS Mental Health Services is offering an ongoing **support group for young adults (ages 22-45) who have experienced loss by suicide.**

This group will provide support, understanding, and connection to those who have experienced a loss from death by suicide.

The group will be facilitated by Elyssa Gottheim, LCSW.

The group will meet weekly starting

Monday, March 6th - 7:30 pm.

at Jewish Family Service, 4131 S. Braeswood Blvd (entrance on Linkwood).

The group is free of charge and open to the community.

If interested in the group or for more information, please contact **Elyssa Gottheim** at **713-667-9336 ext 247** or egottheim@jfshouston.org
www.mentalhealthletstalk.org

MENTAL HEALTH

let's talk
about it

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